
LIFE TEEN PARENT LETTER

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LIFE NIGHT: SURFER JESUS

CONTENT OVERVIEW

Quite often, people are given nicknames. Sometimes, these nicknames are given at a very young age, throughout the school years, or even later in life. The nicknames that people receive may be based on physical attributes, such as height or weight, personality traits, such as “crazy or goofy”, or even skills or talents, such as quick or strong. Nicknames can be terms of endearment or even based on some type of accomplishment that a person has achieved in their life. Nicknames have a way of communicating something about that person, who he or she is, and often stay with that person throughout their life.

A major part of our own faith journey is learning about and understanding who Jesus truly is. In our attempts to fully understand the person of Jesus, we, too, can turn to all the nicknames or titles that Jesus has been given. We refer to Jesus as the Lamb of God, the Light of the World, the Bread of Life, the Prince of Peace, Redeemer, Messiah, the Way, the Truth, and the Life, to name just a few.

Each of these names given to Jesus reveal in depth the truth of who Jesus truly was and is to us today. For example, when Jesus is referred to as “the True Vine,” it is communicated that Jesus is the vine, and we are the branches. Without the vine, the branches cannot live. Just the same, without Jesus, we cannot live. (John 15:1-7)

Jesus, whose name literally means “God saves,” is the only Son of God. He was born of the Virgin Mary, He took our sin upon Himself, and He, through His life, Death, and Resurrection, now gives all people the chance at a new life. Jesus is truly the name above any other name. (CCC 430-435)

During Jesus’ ministry, He asked His disciples, “Who do people say that I am?” To this question, Peter answered, “You are the Messiah, the Son of the Living God.” The same question is asked to you... who do you say that Jesus is? And, taking it a step further, what difference does it make in your life? (Matthew 16:13-16)

CONVERSATION STARTERS

1. Do you have a nickname? How did you get this nickname?
2. What is one of Jesus’ many titles (or names) that you relate to the most right now in your own faith journey. Google search a list of “titles for Jesus” if you need some ideas. Why?
3. Is Jesus calling you to get to know Him more completely and not just as His nickname? How might you follow this call?